DRESSAGE MOVEMENTS

Mini Achievement Badge

Learning Objectives

The simple school movements that are used in an arena.

Syllabus

1 Have a basic understanding of riding school movements

2 Diagonals – Long and Short

3 Centre lines

4 20 metre Circles

5 20 metre Half Circles

6 Turns E to B or B to E

7 Figures of Eight

Teaching Ideas and Resources

1 Draw on paper or white boards all the different shapes.
Run on foot or ride the movements in an arena.

2 Either riding or on foot. Place parallel poles across either the long or short diagonal to show members where to ride. Highlight the school letters where the diagonals begin and end.

3 Either on foot or riding. Make a half 10metre circle on the short side with sport markers, then pair sport markers down the centre line, to help members understand how to approach the centre line and how to ride straight.

4 Give out a scale drawing of an arena. Draw and then cut out a scale twenty-metre circle, show how the circle touches the sides in three places and at X. These are the tangents and where the ponies should touch the sides when ridden.

5 Tie several pieces of binder twine together. The class to lay the binder twine down across the arena in a half 20 metre shape.

6 Members place small cones on the arena to form the shapes.

7 Show a drawing, run or ride a demonstration. Individually members run a figure of eight on foot, the rest of the class to award marks for accuracy.

Recommended Reading

14th Edition The Pony Club Manual

Questions

All the questions in this badge can be ridden in an arena, or run on foot in a large oblong room/area with the school letters placed in appropriate places. The answers/understanding will be shown by how accurately the members run the school movements.

1 How many school movements can you list?

2 Name a school letter where a diagonal change of rein starts and finishes.

3 Where is the centre line in the school.

4 Draw a 20m circle in this scaled diagram of an arena.

5 Using the diagram draw a half 20m circle.

6 On a diagram show where E and B are positioned.

7 Draw on a diagram a figure of eight.

Answers

1 A minimum of three should be remembered.

2 It could be either one of F, M, K or H.

3 Down the middle.

4 The circle should occupy half the diagram, bearing in mind that the member may not draw very easily.

5 A half circle should be drawn from side to side of the diagram.

6 E and B are the centre points down the long sides.

7 The drawing will probably represent to 20m circles, unless the members have been taught a figure eight with a diagonal change of rein.