

# GOLD AWARD 3

## OBJECTIVES



- \* Work towards an effective and balanced seat on the flat and over jumps.
- \* Know how to behave when riding on the roads and in the countryside
- \* Understand the requirements of a pony at grass

## RIDING AND ROAD SENSE

1. Be able to do mounted exercises in walk and trot.
2. Start to establish rhythm in walk.
3. Show how to ride round corners and turn left and right.
4. Know the aids for canter.
5. Know if the pony is cantering on the correct leg.
6. Be able to walk, trot and canter in an open space.
7. Be able to change and carry a whip in either hand.
8. Be able to jump small fences from canter.
9. Demonstrate simple mounted games.
10. Know how to move off on the road.
11. Name some reflective clothing riders can wear.
12. Know how to pass other riders on the road.
13. Dismount and lead from the off side and remount.
14. Be able to ride two left and two right turns on the road.
15. Recognise common road signs.

## HORSEMASTERSHIP

16. Know the signs of good health.
17. Know how a pony moves if he is lame.
18. Know what to check before turning a pony out into the field.
19. Recognize good fencing.
20. Know how to provide water in the field.
21. Know what to feed grass kept ponies.
22. Know how to groom grass kept ponies.
23. Know the reasons for shoeing.
24. Recognize some farrier's tools.
25. Put on and take off a stable rug.
26. Know how to clean tack (daily care only).
27. Know what protection a pony needs when travelling.