



## UNDERSTANDING TRAINING

### Advanced Achievement Badge

#### Guidelines

To understand the importance of the way of going in horses and ponies, how to recognise the correct way of going and to understand the application of the Scale of Training.

#### Key Points

Candidates should understand:

- ▶ How to recognise correct paces
- ▶ The meaning of, and how to recognise or feel:
  - ▶ Forwardness
  - ▶ Rhythm
  - ▶ Suppleness
  - ▶ Contact
  - ▶ Impulsion
  - ▶ Straightness
  - ▶ Collection
- ▶ Why forwardness is important
- ▶ How the scale of training can be applied to horses at different levels of training

#### Recommended reading

- ▶ The Pony Club Manual of Horsemanship
- ▶ To Be a Dressage Rider