



SEQUENCE OF FOOTFALLS

Advanced Achievement Badge

Learning Objectives

To understand and show knowledge of the sequence footfalls in all paces.

Key Points

- ▶ Know the sequence of footfalls in walk, trot, canter, gallop and rein back.
- ▶ Be able to show a balanced rhythm in walk, trot and canter on a pony or horse.
- ▶ Demonstrate the ability to ride balanced and progressive transitions between paces.

Teaching and Testing Resources

- ▶ Put four different coloured boots on a pony's leg so Members can see the sequence of legs moving in a different pace.
- ▶ Game: Layout either paper or wallpaper lining. Draw 4 horse shoe shapes on the paper in the position of fore and hind legs. Label the shoes with numbers in accordance to the sequence of legs in a particular pace.
- ▶ Game: Four Members to hold a plastic bottle filled $\frac{1}{3}$ with stones, and stand facing each other, each acting as a leg. Ask members to shake the bottles in the correct sequence for the footfall of the pace.
- ▶ Test through drawing and asking questions

Recommended Reading

- ▶ Manual of Horsemanship